



## **Security and prevention measures against Covid-19**

In the extraordinary situation caused by Covid-19, the celebration of sports events in public spaces requires a protocol with specific security and prevention measures.

The intention is to make the competition a safe environment that allows you to enjoy the sport with total guarantee.

Objective: it achieves that the competition in a safe environment that allows to enjoy the sport with total guarantee.

### **Disclaimer (Release from liability)**

Before participating in Hispaman, each athlete must accept a document: release from liability (it can be downloaded from the web at this link: [HERE](#)).

### **Self-declaration of responsibility**

When the athlete collects the Hispaman Xtreme Triathlon bib number, he/she has to deliver this document correctly completed and signed.

### **General considerations**

Presentation, press conferences or activities attached to Hispaman will only be held if they are absolutely necessary and if the application of all security and social distance measures can be guaranteed. In the case of the technical briefing, an alternative location will be planned, outdoors, to be able to use it if the situation of the epidemic requires it. Only the athlete and the official supporter will be allowed access. There will be a safe distance between the seats, with free spaces and with a controlled access point. In addition, there will be hydroalcoholic gel. Participants, workers or volunteers with

symptoms compatible with Covid-19 and / or with a temperature higher than 37.5° will not go to the previous actions or the briefing.

### **Spectators at the event**

1. Specific areas for public access will not be set up to avoid crowds in marked areas.
2. Work will be done to facilitate the minimum distance of 1.5 meters between the spectators.

### **Delivery of bib numbers**

1. There will be an access point with hydroalcoholic gel and the temperature will be taken.
2. There will be a queue with a distance of 1.5 meters between people.
3. The number will only be given to the registered athlete.
4. The bib number will be delivered with the rest of the necessary materials, in a closed envelope or bag (to be defined) that avoids the manipulation of the materials.
5. The staff people who deliver the bib numbers will wear a mask.
6. The athlete will go to collect the bib number with a mask and with the signed self-declaration. If he/she does not bring the self-declaration, a copy will be provided for his signature.

### **Athlete services**

1. There will be no expo.
2. Physiotherapy or muscle recovery services will not be enabled.
3. Medical services will be strengthened.
4. Showers and changing rooms will not be enabled in the post-goal zone.

5. Toilets will only be enabled in strictly necessary areas and a special protocol for use and cleaning will be developed.

### **Control of access and exit of the competition**

1. Access control to the transition area (T1) and to the start area will be managed by the crew (with a mask and gloves).
2. At the access control, the crew, with clean hands, will take the temperature of each of the athletes with a non-contact thermometer. Above 37.5° the temperature measurement will be repeated. If the same temperature is repeated, or higher, access will not be allowed and the athlete will be taken to the medical service to implement the Covid-19 protocol of the health authorities.
3. The distance between bicycles in the box will be extended to guarantee the distance between riders.
4. Participants will be informed, well in advance, of instructions to comply with all safety regulations before and during the start.
5. The necessary measures will be taken to maintain a safety distance of 1.5 meters between people at the pre-start.
6. Access control to the starting box will be managed by the crew (with mask and gloves).
7. Athletes must wear a mask from their arrival at the pre-start area and until the time of departure.
8. In the starting area there will be people (of the crew) to remove the waste (including the masks that the athletes may have thrown), duly equipped with a mask and gloves.

### **Transitions areas**

1. When the athlete finishes the swim section and goes to the transition area, the crew will provide him/her with a mask at the access point. There will be a hydroalcoholic gel point.

2. Only the athlete and his/her official supporter can access to the transition area.
3. When the athlete finishes the cycling section and goes to the transition area, the crew will provide them with a mask at the access point. There will be a hydroalcoholic gel point.
4. Only the athlete and his/her official supporter can access to the transition area.

### **Aid stations in the race**

1. The crew of the aid stations will be equipped with a mask and gloves.
2. Each aid station will have hydroalcoholic gel, rolls of paper and wastebaskets.
3. The staff will avoid having contact with the athlete.
4. The liquid refreshment will be served in individual and closed containers.
5. Solid provisioning will be delivered together with the racepack (for self-sufficiency) or it will be incorporated into the aid stations, if the situation allows it. In this case, packaged foods for individual consumption, in individual cups or fruit (bananas) will be put.

### **Finish line**

1. There will be direct access to the medical care area.
2. Athletes who cross the finish line will be directed immediately to the post-finish line area, respecting the safety distance.
3. In the post-finish line area, each athlete will be given a hygienic or surgical mask.
4. The area will have hydroalcoholic gel, paper rolls and wastebaskets.
5. The crew working in the finish line and post-finish line area will be equipped with a mask and gloves.
6. Post-finish line aid station will be adapted to specific needs by delivering solid and liquid provisioning in individual containers in order to preserve safety.

7. In the post-finish line area, containers and specific people will be set up to collect waste.
8. In this area, crew will be available to avoid the formation of groups and remember the recommendation to maintain a safe distance.

### **Awards ceremony**

1. The award ceremony area will be closed, with limited capacity and access with an identification bracelet.
2. At the access control, the crew, with clean hands, will take the temperature of each of the attendees with a non-contact thermometer. Above 37.5° the temperature measurement will be repeated. If the same or higher temperature is repeated, access will not be allowed and the athlete / supporter will be taken to the medical service to implement the Covid-19 protocol of the health authorities.
3. The award ceremony area will have hydroalcoholic gel, rolls of paper and wastebaskets.
4. Procedure for awarding prizes:
  - A person, wearing gloves and a mask, prepares the trophies.
  - The trophies are put on a table and can be handed out with gloves.
  - The athletes on the podium will wear a mask, except at the time of the photo.
  - If any gift is given, beyond the trophy, it will be in a bag to avoid contact.